



GARDEN ROOM & BRASSERIE

LUNCH MENU

Served Daily 12.00pm to 4.30pm

To Start

SOUP OF THE DAY €7.00
Traditional soda and treacle bread with country butter (1a,7,9,12)

HEARTY SEAFOOD CHOWDER €11.00
Symphony of seafood, diced vegetables, white wine and spring onion velouté (1a,2,4,7,9,12,14,15)

Salads & Light Bites

	STARTER	MAIN
CAESAR SALAD baby gem lettuce, croutons, lardons of bacon, toasted pine nuts, parmesan cheese and anchovy dressing (1a,3,4,7,8,10) Add Chargrilled Fillets of Chicken	€11.95	€15.00
THE SUPERFOOD GOATS CHEESE SALAD Cooked beetroot, olive oil, balsamic vinegar, green beans, mixed leaves, cucumber, goats cheese pearls & walnuts (7,8,12,15) Add Chicken (1a,3,4,7,8,10) Add Salmon (4)	€13.95	€17.95

Sandwiches

SMOKED SALMON ON BROWN SODA BREAD €17.50
Irish organic smoked salmon, lemon and chive cream cheese, dressed rocket with chips (1a,3,4,7,8)

ATLANTIC SHRIMP OPEN SANDWICH €17.50
On brown soda bread, crisp salad and classic marie rose sauce served with chips (1a,b,4,7,8,10)

CHICKEN AND BACON CIABATTA €17.50
Cajun mayo, melted cheddar, baby gem lettuce & chip (1a,3,8,10)

CASTLETROY PARK CLUB SANDWICH €17.50
Triple decker sandwich, bacon loin, chicken breast, tomatoes, lettuce, hardboiled egg, coleslaw and mayonnaise. Served with chips & Side Salad (1a,3,7,8)

CASTLETROY STEAK SANDWICH €23.95
Irish sirloin steak on ciabatta, red onion marmalade, garlic aioli rocket, sautéed mushrooms served with chips (1a,3,7,10)

TUNA MELT €16.50
tuna, sweetcorn, mayonnaise on toasted sourdough topped with melted cheddar. Served with side salad & chips (1a,3,4,7,8)

CHICKEN QUESADILLA €16.50
Pesto, chicken, mozzarella, sun dried tomatoes, mayonnaise, fresh peppers, onion and cheese (1a,3,6,7,8)

CREATE YOUR OWN SANDWICH €14.50
choose white, wholegrain or homemade brown soda bread choices include: chicken, ham, cheese, lettuce, onion, tomato, coleslaw (4 fillings) Served with side salad & chips (1a,b,8)

Mains & Specials

SPINACH AND RICOTTA TORTELLINI €18.95
tomato & cream sauce, aged parmesan, house pesto (1a,3,6,7,8)

QUICHE OF THE DAY €14.50
Served with side salad & chips (1a,3,7,9,12)

ROAST OF THE DAY €18.00

CATCH OF THE DAY €18.00

CHEF'S SPECIAL €17.50
Please ask your server for dish details

To Finish

WARM APPLE CRUMBLE €8.95
Vanilla custard & fresh cream (1a,1b,3,7)

CRÈME BRULÉE OF THE DAY €8.95
with shortbread biscuit & berries (1a,3,7)

SELECTION OF HOMEMADE GELATO ICE CREAM €8.95
Almond Praline, Marshmallow, Caramel Sauce, Fresh Berries (3,7,8)

PISTACHIO MOUSSE PAVLOVA €8.95
Raspberry Sorbet (3,7,8)

WARM CHOCOLATE BROWNIE €8.95
Vanilla Ice Cream

Speciality Teas & Barista Coffees

FRESHLY GROUND BARISTA COFFEES

Americano	€3.70
Cappuccino	€4.20
Latte	€4.20
Espresso	€3.50
Flavoured Coffee (hazelnut / caramel / vanilla)	€4.50
Milk Selection (oat / soya / almond)	€5.20

TEA SELECTION

Freshly Brewed Tea Small	€3.50
Freshly Brewed Tea Large	€7.00
Herbal Tea Selection	€3.50
Hot Chocolate	€4.00

SPECIALITY COFFEES

Irish Coffee	€9.50
French Coffee	€9.50
Calypso Coffee	€9.50
Baileys Coffee	€9.50

MILKSHAKES

Vanilla	€6.95
Strawberry	€6.95
Chocolate	€6.95
Oreo	€6.95
Cookies & Cream	€6.95

Scone €3.00

Allergen Index: 1. Cereals Containing Gluten - 1a: Wheat, 1b: Oats, 1c: Barley, 1d: Rye, 2. Crustaceans, 3. Eggs, 4. Fish, 5. Peanuts, 6. Soybean, 7. Milk, 8. Nuts, 9. Celery, 10. Mustard, 11. Sesame Seeds, 12. Sulphur Dioxide/ Sulphites, 13. Lupin, 14. Molluscs, 15. Alcohol. Although all due care is taken during meal preparation, cross contamination risks are possible. Please ask your server if you require any additional information on food allergens.

Suppliers: Beef: Noel O'Connor, Fish: CS Fish, Co. Clare, Poultry: Corrib Foods, Vegetables: Richardson's & Limerick Fruit



CASTLETROY PARK
HOTEL & LEISURE CLUB

