



GARDEN ROOM & BRASSERIE

LUNCH MENU

Served Daily 12.00pm to 4.30pm

To Start

SOUP OF THE DAY €6.50
Traditional soda and treacle bread with country butter (1a,7,9,12)

HEARTY SEAFOOD CHOWDER €10.50
Symphony of seafood, diced vegetables, white wine and spring onion velouté (1a,2,4,7,9,12,14)

Salads & Light Bites

	STARTER	MAIN
CAESAR SALAD	€10.95	€14.00
Baby gem lettuce, croutons, lardons of bacon, toasted pine nuts, parmesan cheese and anchovy dressing (1a,3,4,7,8,10)		

Add Chargrilled Fillets of Chicken to your Caesar Salad	€12.95	€16.95
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THE SUPERFOOD SALAD	€14.50
Beetroot, pomegranate, black pudding, mixed leaves and avocado salad (1a,3,6,7,12)	

Sandwiches

SMOKED SALMON ON BROWN SODA BREAD	€16.50
Irish organic smoked salmon, lemon and chive cream cheese dressed rocket, served with chips (1a,3,4,7,8)	

ATLANTIC SHRIMP OPEN SANDWICH	€16.50
On brown bread, served with salad, Marie Rose sauce & chips (1ab,4,7,8,10)	

CHICKEN AND BACON CIABATTA	€15.50
Cajun mayo, melted cheddar, baby gem lettuce & chips (1a,3,8,10)	

B.L.T. SANDWICH	€15.50
Classic bacon, lettuce and tomato with chips (1a,8,7)	

CASTLETROY STEAK SANDWICH	€22.95
Irish sirloin steak on ciabatta, red onion marmalade, garlic aioli rocket, sautéed mushrooms served with chips (1a,3,7,10)	

TUNA WRAP	€15.50
Tuna, sweetcorn, red onion, rocket and tortilla wrap with chips (1a,3,4,7,8)	

CHICKEN TIKKA WRAP	€15.50
Marinated chicken in spicy tikka mayonnaise served with chips (1a,3,7,8)	

CREATE YOUR OWN SANDWICH	€9.50
Choose white, wholegrain or homemade brown soda bread, served with chips.Choices include: chicken, ham, cheese, lettuce, onion, tomato, coleslaw. Choice of four fillings. (1ab,8)	

Allergen Index

1. Cereals Containing Gluten – 1a: Wheat, 1b: Oats, 1c: Barley, 1d: Rye, 2. Crustaceans, 3. Eggs, 4. Fish, 5. Peanuts, 6. Soybean, 7. Milk, 8. Nuts, 9. Celery, 10. Mustard, 11. Sesame Seeds, 12. Sulphur Dioxide/ Sulphites, 13. Lupin, 14. Molluscs, 15. Alcohol.

Although all due care is taken during meal preparation, cross contamination risks are possible. Please ask your server if you require any additional information on food allergens.

Suppliers

Beef:	Noel O'Connor	Fish:	CS Fish, Co. Clare
Poultry:	Corrib Foods	Vegetables:	Richardson's & Limerick Fruit

Mains & Specials

SPINACH AND RICOTTA TORTELLINI	€17.95
Tomato & cream sauce, aged parmesan, house pesto (1a,3,6,7,8)	

QUICHE OF THE DAY	€13.95
Served with side salad & chips (1a,3,7,9,12)	

ROAST OF THE DAY	€16.50
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CATCH OF THE DAY	€16.50
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CHEF'S SPECIAL	€16.50
Please ask your server for dish details	

To Finish

WARM APPLE CRUMBLE	€8.95
Vanilla custard & fresh cream (1a,1b,3,7)	

WHITE CHOCOLATE CRÈME BRULÉE	€8.95
With shortbread biscuit (1a,3,7)	

SELECTION OF HOMEMADE GELATO ICE CREAM	€8.95
Almond Praline, Marshmallow, Caramel Sauce, Fresh Berries (3,7,8)	

PEACH & CHOCOLATE VERRINE	€8.95
Lime Butter & Cocoa Foam (1,1a,3,7)	

CHEESECAKE OF THE DAY	€8.95
Please ask your Server	

Speciality Teas & Barista Coffees

FRESHLY GROUND BARISTA COFFEES	
Americano	€3.70
Cappuccino	€4.20
Latte	€4.20
Espresso	€3.50
Flavoured Coffee (hazelnut / caramel / vanilla)	€4.50
Milk Selection (oat / soya / almond)	€5.20

TEA SELECTION	
Freshly Brewed Tea Small	€2.95
Freshly Brewed Tea Large	€4.95
Herbal Tea Selection	€2.95

SPECIALITY COFFEES	
Irish Coffee	€9.50
French Coffee	€9.50
Calypso Coffee	€9.50
Baileys Coffee	€9.50

MILKSHAKES	
Vanilla	€6.95
Strawberry	€6.95
Chocolate	€6.95
Oreo	€6.95
Cookies & Cream	€6.95



CASTLETROY PARK
HOTEL & LEISURE CLUB

