



GARDEN ROOM & BRASSERIE

LUNCH MENU

Served Daily 12.00pm to 4.30pm

To Start

SOUP OF THE DAY €6.50
Traditional soda and treacle bread with country butter (1a,7,9,12)

HEARTY SEAFOOD CHOWDER €9.50
Symphony of seafood, diced vegetables, white wine and spring onion velouté (1a,2,4,7,9,12,14)

	STARTER	MAIN
CAESAR SALAD	€13.00	€15.95
Baby gem lettuce, croutons, lardons of bacon, toasted pine nuts, parmesan cheese and anchovy dressing (1a,3,4,7,8,10)		

Add Chargrilled Fillets of Chicken to your Caesar Salad	€11.95	€14.95
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SMOOTH PÂTÉ OF CHICKEN LIVER €9.95
Tomato relish, toasted baguette (1a,5,7,8,11,12)

BBQ/SPICY CHICKEN WINGS €10.95 €15.95
Marinated chicken wings in Cajun spices, salad & garlic mayo (1a,8,9,12)

SUPERFOOD SALAD €14.50
Apples, carrot, broccoli, onion, chicken, brie cheese and citrus dressing (3,6,7,12)

Sandwiches

SMOKED SALMON ON BROWN SODA BREAD €15.50
Irish organic smoked salmon, lemon and chive cream cheese dressed rocket, served with chips (1a,3,4,7,8)

ATLANTIC SHRIMP OPEN SANDWICH €15.50
On brown soda bread, salad and classic Marie Rose sauce with chips (1a,b,4,7,8,10)

CHICKEN AND BACON CIABATTA €15.50
Cajun mayo, melted cheddar, baby gem lettuce & chips (1a,3,8,10)

B.L.T. BACON, LETTUCE AND TOMATO SANDWICH €15.50
Classic bacon, lettuce and tomato with chips (1a,8,7)

CASTLETROY STEAK SANDWICH €21.95
Irish sirloin steak on ciabatta, red onion marmalade, garlic aioli rocket, sautéed mushrooms served with chips (1a,3,7,10)

TUNA WRAP €15.50
Tuna, sweetcorn, red onion, rocket and tortilla wrap with chips (1a,3,4,7,8)

CREATE YOUR OWN SANDWICH €9.50
Choose white, wholegrain or homemade brown soda bread. Served with chips. Choices include: chicken, ham, cheese, lettuce, onion, tomato, coleslaw (1a,b,8)

To Finish

SELECTION OF HOMEMADE GELATO ICE CREAM €8.50
Toasted flaked almond, toffee sauce, fresh berries (3,7,8)

WARM APPLE CRUMBLE €8.50
Vanilla custard, fresh cream (1a,3,7)

LEMON POSSET €8.50
Wild berry compote (1a,3,7,8,12)

CHEESECAKE OF THE DAY €8.50
Please ask your server for details (1a,3,7,8)

HOMEMADE CHOCOLATE BROWNIE €8.50
Chocolate sauce and vanilla ice cream (1a,3,7,8)

STICKY TOFFEE PUDDING €8.50
Caramel sauce and ice cream (1a,3,7,8)

Speciality Teas & Barista Coffees

FRESHLY GROUND BARISTA COFFEES:

AMERICANO	€3.70
CAPPUCCINO	€4.20
LATTE	€4.20
ESPRESSO	€3.50

FLAVOURED COFFEE: €4.50
Hazelnut / Caramel / Vanilla

ALTERNATIVE MILKS: +€1.00
Oat / Soya / Almond

SPECIALITY COFFEE:

IRISH COFFEE	€9.50
FRENCH COFFEE	€9.50
CALYPSO COFFEE	€9.50
BAILEYS COFFEE	€9.50

TEA SELECTION:

FRESHLY BREWED TEA SMALL	€2.95
FRESHLY BREWED TEA LARGE	€4.95
HERBAL TEA SELECTION	€2.95

Allergen Index

1. Cereals Containing Gluten - 1a: Wheat, 1b: Oats, 1c: Barley, 1d: Rye, 2. Crustaceans, 3. Eggs, 4. Fish, 5. Peanuts, 6. Soybean, 7. Milk, 8. Nuts, 9. Celery, 10. Mustard, 11. Sesame Seeds, 12. Sulphur Dioxide/ Sulphites, 13. Lupin, 14. Molluscs.

Although all due care is taken during meal preparation, cross contamination risks are possible. Please ask your server if you require any additional information on food allergens.

Suppliers

Beef:	Noel O'Connor	Fish:	CS Fish, Co. Clare
Poultry:	Corrib Foods	Vegetables:	Richardson's & Limerick Fruit



CASTLETROY PARK
HOTEL & LEISURE CLUB

