

## Garden Room & Brasserie Lunch Menu

Served Daily 12.00-16.30

### Soups...

#### **Soup of the day**

Traditional soda and treacle bread with country butter  
(1a,7,9,12) €6.50

#### **Hearty Seafood Chowder**

Symphony of seafood, diced vegetables, white wine and spring onion velouté  
(1a,2,4,7,9,12,14) €9.00

### Salads & Light Bites

#### **Caesar Salad**

Baby gem lettuce, croutons, lardons of bacon, toasted pine nuts, parmesan cheese and anchovy dressing

**Starter:** €9.95  
**Main:** €12.00  
(1a,3,4,7,8,10)

#### **Add Char Grilled Fillets of**

#### **Chicken to your Caesar Salad**

**Starter:** €11.95  
**Main:** €14.95  
(1a,3,4,7,8,10)

#### **Smooth Pâté of Chicken Liver**

Tomato relish, toasted baguette(1a,5,7,8,11,12) €9.95

### **BBQ/Spicy Chicken Wings**

*Marinated Chicken wings in Cajun spices, salad & garlic mayo (1a,8,9,12)*

**Starter:** €8.50  
**Main:** €13.50

### **Superfood Salad**

Blueberries, grapes, spinach, dried cranberries and feta cheese. Honey and apple dressing (3, 7)  
€13.50

### Sandwiches...

#### **Smoked Salmon on Brown**

**Soda Bread** €11.50  
Irish organic smoked salmon, lemon and chive cream cheese dressed rocket, (1a,4,7,8)

#### **Atlantic Shrimp Open**

**Sandwich**  
On brown soda bread, salad and classic Marie Rose sauce  
(1ab,4,7,8,10) €11.50

#### **Chicken and Bacon Ciabatta**

Cajun mayo, melted cheddar, baby gem lettuce & Chips  
(1a,3,8,10) €13.50

#### **B.L.T. Bacon, Lettuce and**

**Tomato Sandwich** €13.50  
Classic bacon, lettuce and tomato with chips (1a,8,7)

#### **Castletroy Steak Sandwich**

Irish sirloin steak on ciabatta, red onion marmalade, garlic aioli rocket, sautéed mushrooms served with chips (1a,3,7,10)  
€19.95

#### **Tuna Wrap**

Tuna, sweetcorn, red onion, rocket and tortilla wrap with chips (1a,3,4,7,8) €13.50

### **Create your**

**own Sandwich** €8.50  
Choose white, wholegrain or homemade brown soda bread. Choices include: chicken, ham, cheese, lettuce, onion, tomato, coleslaw (1ab,8)

### Mains & Specials

#### **Spinach & Ricotta Tortellini**

Tomato & cream sauce, aged parmesan, house pesto €14.95  
(1a,3,6,7,8)

#### **Quiche of the Day**

*Served with side salad & chips*  
€13.95

Beer battered fillet of fresh

Cod  
*Lemon & Dill Sauce* €14.95

#### **Roast leg of lamb**

*Mint sauce* €14.95

#### **Roast Crown of turkey**

*Cranberry Sauce* €14.95

#### **Castletroy Park Beef Lasagne**

Parmesan cheese basil oil  
€14.95

*See allergens list overleaf*

## *Garden Room & Brasserie Lunch Menu*

Served Daily 12.00-16.30

### Speciality Teas & Barista Coffees...

#### Freshly Ground Barista

##### Coffees:

Americano	€3.20
Cappuccino	€3.50
Latte	€3.50
Espresso	€3.20

Add a Flavour €0.40  
hazelnut, caramel or vanilla

Milk Selection €0.75  
soya, almond or oat

##### Tea Selection:

Freshly Brewed Tea Small	€2.90
Freshly Brewed Tea Large	€5.50
Herbal Tea Selection	€3.25

##### Speciality Coffees:

Irish Coffee	€9.50
French Coffee	€9.50
Calypso Coffee	€9.50
Baileys Coffee	€9.50

### To Finish...

#### Selection of Homemade

**Gelato Ice Cream** €7.50  
Choux pastry éclair, lemon curd,  
fresh berries, crushed meringue,  
rich dark chocolate sauce  
(1a,3,5,7,8)

#### **Warm Apple Berry Crumble**

Vanilla custard, fresh cream  
(1a,3,7) €7.50

#### **White Chocolate Bread & Butter Pudding**

White chocolate sauce, gelato  
vanilla & coconut ice cream  
(1a,3,7,8) €7.50

#### **Raspberry Crème Brulee Tart**

Crème chiboust, yoghurt ice  
cream, raspberry & chili coulis  
(1a,3,7) €7.50

#### **Carmel Brownie**

Rich dark chocolate sauce, gelato  
vanilla ice cream  
(1a,3,7,8) €7.50

#### **Vanilla Pana Cotta**

Fresh strawberry compote,  
strawberry black pepper coulis,  
crushed meringue, balsamic  
vinegar reduction  
(3,7) €7.50

#### **MILKSHAKES €5.00**

CHOICE OF  
**OREO** (3,7,8)  
**LEMON CURD** (3,7)  
**MALTESER** (3,7,8)

### ALLERGEN

#### INDEX

- Cereals containing Gluten –  
1a Wheat – 1b Oats – 1c Barley  
– 1d Rye
- Crustaceans
- Eggs
- Fish
- Peanuts
- Soybean
- Milk
- Nuts
- Celery
- Mustard
- Sesame Seeds
- Sulphur Dioxide/Sulphites
- Lupin
- Molluscs

ALTHOUGH ALL DUE CARE  
IS TAKEN DURING MEAL  
PREPARATION, CROSS  
CONTAMINATION RISKS  
ARE POSSIBLE

PLEASE ASK YOUR SERVER  
IF YOU REQUIRE ANY  
ADDITIONAL  
INFORMATION ON FOOD

#### Suppliers

**Beef:** Pallas Foods

**Poultry:** Corrib Foods

**Fish:** CS Fish, Co. Clare

**Vegetables:** Richardson's & Limerick,  
Fruit